



MOUNT EVEREST FAST TRACK

8,850M / 29,035FT



2027 EXPEDITION TRIP NOTES





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2027 EXPEDITION DETAILS

Dates: April 27 to May 26, 2027

Duration: 30 days

Departure: ex Kathmandu, Nepal

Price: US\$95,000 per person

▲ The Hillary Step and summit ridge from the South Summit. Photo: Pemba Prakash Sherpa

During the spring season of 2027, Adventure Consultants will operate its 31st expedition to Mount Everest via the South Col from Nepal.

This expedition brings together our 30+ years on Everest with our qualified and experienced guides and Sherpa crew to offer the most seasoned team on the mountain. We provide the highest guide-to-client ratio with the best equipment, food and Base Camp support of any expedition operator.

If you have a desire to stand on the highest summit in the world, Adventure Consultants can provide you with an excellent chance of achieving that goal. We believe the ascent should be made in the best style possible, a philosophy that has seen us help our expedition members achieve many successful ascents and given us the best reputation in high altitude expedition guiding.

FAST TRACK STRATEGY

Our Fast Track programme caters to climbers who wish to maximise their time by pre-acclimatising prior to arriving in Nepal, using an altitude tent.

Our Fast Track team flies by helicopter directly from Kathmandu to Pheriche Village for two nights at

4,270m/14,009ft. Moving on to Everest Base Camp, we complete one rotation on Everest, tagging Camp 3 at 7,300m/23,950ft. A rest period follows before we commit to the expedition's summit phase. At the end of the expedition a fast egress by helicopter sees us fly from Everest Base Camp back to Kathmandu.

PRE-ACCLIMATISATION

Training in a simulated high altitude environment has scientifically proven health and performance benefits. Altitude training has been a method employed by high performance athletes for a number of years, and now an increasing number of high-altitude mountaineers are employing similar techniques with sleep and training systems such as Hypoxico on Everest.

By sleeping and training in a simulated high altitude environment, your body gains the benefits of pre-acclimatisation. This can help you to adjust faster to the lower levels of oxygen while you're trekking and climbing, thus giving you the best opportunity to



▲ Climbing the summit ridge between the South Summit and the Hillary Step. Photo: Charley Mace

achieve your goals, as well as the ability to achieve them in a shortened timeframe.

Rental of an altitude tent for pre-acclimatisation at home prior to the expedition is included in your expedition fee.

THE EVEREST TEAM

LOGISTICS

The 2027 expedition is being organised by Guy Cotter, CEO of Adventure Consultants and a veteran of more than 30 years of Everest expedition guiding and organisation.

With technology constantly evolving, Adventure Consultants have kept abreast of all the new techniques and equipment advancements—encompassing the latest in weather forecasting facilities, equipment innovations and communications systems. Everest is not the place to be with an organisation that is 'learning the ropes', there is too much at stake for that. Adventure Consultants expedition staff, along with the operations and logistics team at the head office in New Zealand, provide the highest level of backup and support to the climbing team to maximise your chances

of success. This is coupled with a very strong expedition guiding team and Sherpa contingent, who as you will come to see are second-to-none in the industry.

EXPEDITION GUIDING TEAM

Our international guiding staff are the best in the industry. You will find the Adventure Consultants Mountain Guides companionable and strong expedition leaders with considerable abilities and a willingness to see you achieve your goals. The number of guides is determined by the team size but the normal ratio of guides to members is 1:4.

Rob Smith

Rob Smith has been guiding since 2000. He divides his time guiding between the Antarctic summer seasons and then amongst the greater ranges of the Himalaya. Originally from Omagh, Northern Ireland, Rob is now based in Fort William, Scotland. He has guided for Adventure Consultants for many years and his notable guided ascents include Everest, Vinson Massif, Cho Oyu, Carstensz and Elbrus, amongst many others. Rob has summited Everest 10 times and has climbed both the North and South routes.



▲ AC CEO Guy Cotter, organising Everest Expeditions for 30+ years.

Ang Dorjee Sherpa

Summitting Everest initially with us in 1992, Ang Dorjee has moved on to achieve 30 ascents of 8,000m peaks, including Everest 25 times! His skills as a climber are legendary. Ang Dorjee is originally from Pangboche Village in the Khumbu Valley of Nepal, but he now lives in the USA. He guides on Mount Rainier and he regularly guides expeditions for Adventure Consultants including Everest, Aconcagua, Peak Lenin and Kilimanjaro.

JB Chandesris

JB has been climbing and skiing his whole life and took the natural progression to guiding when he was 21. Initially JB worked mainly in the French Alps, before joining the AC team in New Zealand where he spent a number of summers and more recently in the Himalaya and Antarctica. JB's notable ascents include Everest, Manaslu, Dhaulagiri (8,167m) without oxygen, Aconcagua and Mount Vinson.

SHERPA TEAM

Our Sherpa team has dozens of Everest summits between them. Da Jangbu Sherpa is the Expedition

and Climbing Sirdar who has summited Everest an impressive 13 times and brings with him considerable knowledge and experience.

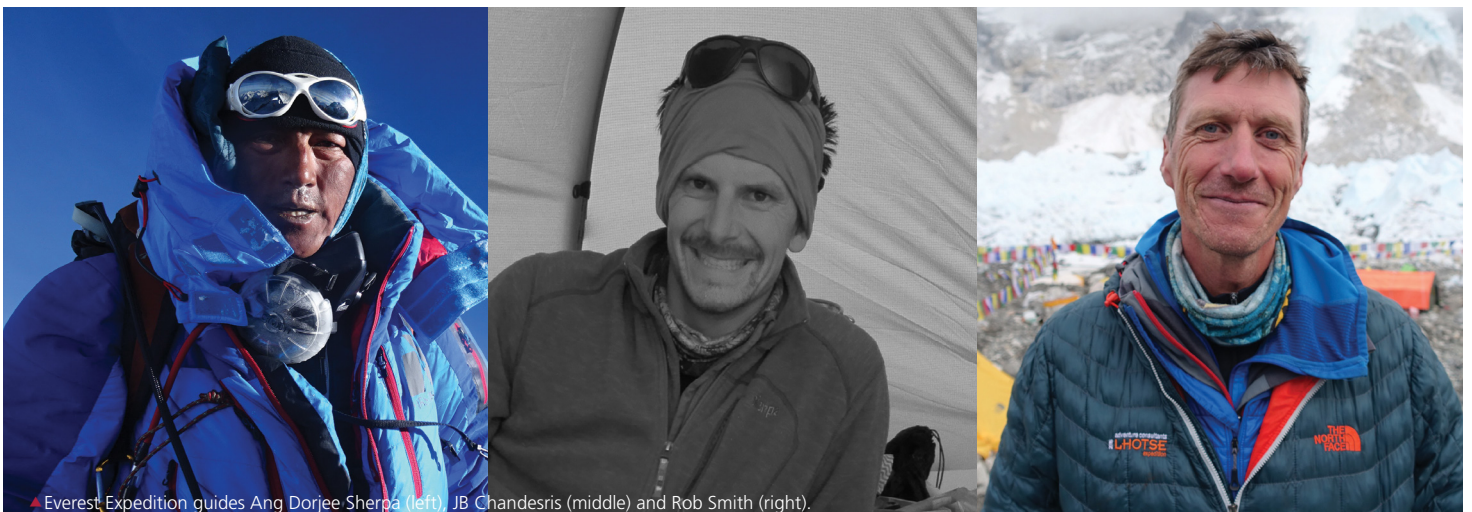
Because of his leadership, we have a strong group of Climbing Sherpas who operate in a harmonious atmosphere of cooperation and commitment to the expedition and its members. Our group of Climbing Sherpas is enthusiastic, motivated and regarded as the strongest and most cohesive group of Sherpas on Mount Everest. It is indicative of the reputation that our Sherpa team has earned that Sherpas from other expeditions enthusiastically pursue a future position with the AC team.

Our cooking staff are very well known for the quality of the cuisine they produce and are coveted by other team leaders due to the reputation they have established. We have been developing the personnel within our Sherpa team for 30 years and they are an integral part of the Adventure Consultants Everest Team.

WHAT IT TAKES TO CLIMB MOUNT EVEREST

The South Col route on Mount Everest is not an especially technically difficult climb—nor is it the 'Yak Route' some non-Everest climbers have termed it. However, it is imperative that expedition members are well versed in the latest techniques and have experience in the high mountain environment.

What the photographs do not show are the difficulties of operating at these extreme altitudes. It is a physically demanding ascent, requiring enormous determination and stamina. An expedition to Everest is not a place for those who will give up when the going gets uncomfortable or strenuous. Days can be up to 15 hours long and although we have lightened the loads you personally carry by having enough Sherpa support to carry your equipment, the climbing days are still arduous and taxing.



▲ Everest Expedition guides Ang Dorjee Sherpa (left), JB Chandesris (middle) and Rob Smith (right).



Fly directly to Pheniche and fast-track your acclimatisation schedule. Photo: Guy Cotter

The outcome of the expedition will be determined by three broad groups of factors. The first is environmental (weather and snow conditions, etc.). The second is the logistical approach taken by the expedition leaders and the strategies employed to embark on a summit bid. The third is your own preparation in the years prior to the expedition and how you perform whilst the expedition is under way. We can help design a training programme that will both physically and mentally prepare you for the climb, but you need to commit the time and energy to ensure you attain the correct conditioning.

We know that the success of an expedition is determined by factors that are planned well in advance of the outset of the actual climbing. During our 30 previous seasons on Mount Everest, we have observed many other groups attempting to climb the mountain. Many try to emulate our strategies without committing to the level of resources that we provide.

Every step of the way, our head office staff will be there to answer your questions. If they can't, they will be happy to put you in touch with one of our Senior International Guides who will have first-hand knowledge of the climb.

We recognise that no amount of finely tuned organisation will guarantee anyone the summit of Mount Everest. However, we do believe that our experience, combined with your enthusiasm and determination, will provide you with the best possible chance of standing on top of the world. Our track record on Everest is unmatched with 419 summits to date!

HOW DO I CHOOSE BETWEEN THE VARIOUS EXPEDITION PROVIDERS?

We want climbers who share our approach—to reach the summit in good style, with the highest level of support and safety possible. We limit our team to 8 climbers and we're selective about who we accept. Our focus is to build a team of like-minded climbers who have the experience to be there and who you'd want to spend 7 weeks on a mountain with—often forming lifelong friendships. You'll be backed by qualified and experienced guides and a Sherpa team regarded as the strongest on the mountain. The food and equipment are the best we can provide, from Base Camp to the summit.



▲ The Adventure Consultants Everest Sherpa team



▲ Climbing a ladder in the Khumbu Icefall. Photo: Charley Mace



▲ The summit of Everest from near the South Col. Photo: Rob Smith



▲ Horizontal ladder crevasse crossing in the icefall. Photo: Charley Mace

So what's different about us? Our climbers put it better than we can:

"I've consistently gone with AC for all my high-altitude trips. While some clients may value an espresso machine, I value safety, experience and a good time. That latte won't get you to the top, but our Sherpa team had over 110 summits—I don't know of another company that has that experience, nor can consistently get all their Sherpas back year after year." Neil Long

"I cannot recommend AC enough when it comes to the big mountains. I successfully climbed Everest with them and I wouldn't have wanted to climb with anyone else. World class guides who always have safety at the top of their priority list, but are also great fun to be around. All the logistics went smoothly and the office team were really helpful and great to deal with. The food and accommodation provided were fab which makes all the difference during a long expedition. For a big company you feel like you get a very personal experience and I doubt anyone has been providing this amazing service for as long as these guys have!" Lisa Jelly

WHICH ROUTE? NORTH OR SOUTH?

The South Col route from Nepal offers the best chance of success for most climbers. We encourage you to research details about both sides of the mountain. People will argue the virtues of either of the two approaches. However, we maintain that the 'entire package' of the Nepal side makes it the preferred option: the delightful approach through the Sherpa homelands via the Khumbu Valley, enjoying Sherpa hospitality in modern lodges with good food and all the while, being impressed by the spectacular scenery of the incredible peaks of the lower Khumbu.

The Khumbu Icefall has a fearsome reputation and it is indeed a phenomenal route to climb. Yet it is an integral characteristic of the South side that it is a 'Climbers Route' that requires a mountaineer to be well skilled in the use of crampons and an ice axe. The Western Cwm is renowned for its phenomenal views of Lhotse, Nuptse, Pumori and Cho Oyu, and our Camp 2 is situated directly beneath the imposing black hulk of the notorious Southwest Face.

As we climb higher up the route to South Col, the views become even more outstanding with incredible



Everest, Lhotse, Nuptse and the Khumbu Glacier with Everest Base Camp at its edge. Photo: Suze Kelly

vistas along the Himalayan chain and out towards the lowlands of Nepal. We ascend 900m/3,000ft from the South Col on summit day via moderate snow slopes with the occasional rock step to climb over. As we approach the South Summit, the dawn breaks to reveal astounding views from Kanchenjunga in the East to Shishapangma off to the West, with all the peaks of the Khumbu well below us. The traverse along the summit ridge is exposed and exciting. When we make our way up the Hillary Step, we can look 2,400m/7,900ft straight down onto our Camp 2 in the Western Cwm and 3,000m/9,800ft down the opposite side of the ridge into Tibet! The summit itself provides ample space for the obligatory summit photo and is a time to reflect on the journey thus far. For many, it is one of the most poignant moments of a lifetime.

After the summit we descend via the same route, losing height quickly and generally we arrive back at the South Col some 3–4 hours after leaving the summit. On the north side, climbers must do a long traverse and it is this feature where climbers cannot lose elevation quickly that can cause the demise of tired climbers, especially those who have run out of oxygen.

We only climb on Everest during the spring season because the weather becomes progressively warmer, and the days longer. Winter winds have already scoured

away much of the snow, which significantly reduces the snow avalanche hazard as well. Contrast this with the autumn; typically, as the expedition goes on, the days get shorter and colder with more snowfall. Consequently, very few expeditions are undertaken in the fall and those that do have quite a low percentage chance of success.

By the time we first arrive at Everest Base Camp, a route will already be well established with rope and ladders through the Khumbu Icefall. Our main Everest climbing team will have completed their first acclimatisation climb and our strong Sherpa team will be busily involved in ferrying loads of equipment up the mountain. After a few days' acclimatisation at Base Camp, we will climb through to Camp 3 (7,300m/23,950ft) before returning to Base Camp for a rest period.

In a perfect scenario, weather and health would remain constant, but in reality, factors such as weather can add several days to the acclimatisation process.

The most likely time for our summit climb will be between 15 and 25 May, with previous summit dates being:

10 May 1990	19 May 2009
12 May 1992	22 May 2010
10 May 1993	11,13,19 May 2011



▲ Map of the camps on Mt Everest.

- | | |
|-------------|-------------------|
| 09 May 1994 | 19,25 May 2012 |
| 10 May 1996 | 19,20,21 May 2013 |
| 23 May 1997 | 19,20 May 2016 |
| 15 May 2000 | 21,22,27 May 2017 |
| 16 May 2002 | 16,19 May 2018 |
| 18 May 2003 | 23 May 2019 |
| 27 May 2004 | 23 May 2023 |
| 19 May 2006 | 23 May 2024 |
| 21 May 2007 | 18,24 May 2025 |
| 24 May 2008 | 21 May 2026 |



▲ Climbers making their way towards the Lhotse Face. Photo: Suze Kelly

We will climb through the established camps with lightweight packs and climb to Camp 4 on the South Col. All climbers will be sleeping on bottled oxygen before setting out for the summit, carrying only very lightweight oxygen bottles and using Summit oxygen masks. Sherpas and International guides will accompany all members during the summit climb.

PREREQUISITE EXPERIENCE

There is no definite measure for assessing the required skill level to climb Mount Everest, so we do like to discuss this on an individual basis. However, there are some broad guidelines that can be applied from the outset.

A successful team member will have been visiting the mountains for at least five seasons and made ascents of peaks up to 5,500–6,000m/18–20,000ft. It is quite common for members to have previously climbed Denali in Alaska, Aconcagua in South America and various Mexican volcanoes as training for Everest.

They will be familiar with crevasse rescue and glacier travel techniques and have a good overall standard of fitness. There will ideally be a broad set of climbing skills from basic rock climbing to advanced cramponing on snow and ice, and strong rope skills such as rappelling and rope ascending.

Age itself is no barrier. To date, we have succeeded on Mount Everest with members aged from 20 to 66 years of age. A fierce determination and a burning desire to climb the mountain are essential prerequisites for this expedition. The guides and other expedition staff will provide the leadership, tactics and overall decision-making required during the climb, but you will still have to physically put one foot in front of the other to make it to the top and back.

We recommend that prospective members undertake another expedition with us before attempting Mount Everest. Your ability to reach Everest's summit may be dictated by your understanding of how your body responds to very high altitude and ascending other less demanding peaks at high altitude will increase your confidence and enhance your judgement during summit day on Everest. For example, Cho Oyu from Tibet is an excellent venue to learn about the challenges of extreme high altitude, without the time or financial commitment that Everest requires.

TEAM SIZE

The full Everest team will have a maximum size of 2 guides and 8 members across both the Classic and Fast Track expeditions. The Fast Track option has a minimum size of 2 members.

The Base Camp will be staffed by a medical doctor, Base Camp manager and Kitchen crew, usually totalling 7–10 people depending on group size.



▲ Climbers taking the final steps towards the summit. Photo: Guy Cotter

A team of between eight and fifteen Climbing Sherpa will carry loads and support the summit climb. Adventure Consultants have a ratio of at least one Sherpa for each team member or guide per person on summit day.

Sherpa cooks will occupy Camp 2 in the Western Cwm for the duration of the expedition. Their role is not only to provide us with tasty meals but also to maintain the integrity of Camp 2 during inclement weather. Often our assistant cook will trek down to meet us enroute from Camp 1 with tea or juice!

ITINERARY

Dates: 27 April to 26 May, 2027

Following is an ideal itinerary for our Everest Fast Track Expedition:

Day 1	Arrive Kathmandu, Nepal
Day 2	Fly by helicopter to Pheriche (4,270m/14,009ft)
Day 3	Rest day in Pheriche and acclimatisation hike
Day 4	Trek to Lobuche Base Camp (4,800m/15,750ft)
Day 5	Trek to Everest Base Camp (5,300m/17,400ft)
Days 6–9	Rest and preparation at Base Camp
Days 10–17	Acclimatisation climbing rotation on Everest, tagging Camp 3 (7,300m/23,950ft)
Days 18–21	Rest Period
Days 22–28	Summit Climb Period
Day 29	Fly by helicopter from Base Camp to Kathmandu
Day 30	Depart Kathmandu

NOTE: Actual ascent dates may be less or more than this itinerary subject to factors such as weather conditions, climber adaptation to higher altitudes, rope fixing schedules and so on. There is potential in an ideal season for the trip to be completed in 30 days as in the itinerary above.

Please arrive into Kathmandu by midday of April 27 to allow time for gear checks before our first team briefing that very evening. Our permit for climbing Mount Everest allows us to stay on the mountain into June. We strongly suggest that you keep your homeward flight open dated and flexible so that we can extend into the latter part of May for a summit attempt if need be. We have May 26 as the probable finish date for departing from Kathmandu.



▲ Adventure Consultants Everest Base Camp. Photo: Guy Cotter



OXYGEN

AC provides a high flow oxygen package for all team members included in the expedition fee.

On the summit push, you will climb on bottled oxygen from Camp 2, up the Lhotse Face to Camp 3, the South Col, and the summit.

Many have found this critical to their success on Everest and we have seen our summit rate increase dramatically with its use. The response from our team members has also been very positive. Climbers have reported having better energy levels, a better appetite, more warmth, a higher degree of strength and greater enjoyment on summit day.

We also ensure we have enough oxygen to wait a day at the South Col and Camp 4, before attempting the summit.

Our recent experiences show that for those who really want to maximise their chance of success, then these high oxygen flow rates allow the best option for ensuring you only need to attempt Mount Everest one time!

OTHER SERVICES

Your personal equipment is carried on the mountain by our Sherpa team, so you climb with a lightweight pack. This is included in the expedition price and makes a real difference to your energy levels, particularly on the long climb to the South Col.

We also offer Privately Guided Expeditions where you have the services of a top AC International Guide, as well as your own Sherpa support team to work exclusively with you on the expedition to ensure your needs are best met. AC has been fortunate to work with many privately guided groups over the years with exceptional results.

You may also like to talk to us about other options such as personal communication systems or the provision of a personal tent on the mountain.

For more information on these additional services, please contact our office for details.



▲ Looking back towards the Hillary Step and South Summit. Photo: Rob Smith

YOUR HEALTH

AC provides a dedicated doctor at Base Camp for the whole team as standard. Most other teams use a generic medical provider, whilst our doctor is there primarily for you and your team mates. The doctor will monitor your overall health throughout the expedition and our medical equipment and provisions are there to provide for your health care needs.

Ample resources will be on call to support every climber, not just the first team or fittest members. Remember, this is an expedition led by guides who have already climbed Everest and whose job it is to look after your interests.

Your Guides are trained in high-altitude medical techniques and experienced in the decision-making required when conditions change. With a maximum of 8 climbers on our team, every member receives the attention and support they need throughout the expedition.

COMMUNICATIONS

The expedition will be equipped with portable Thuraya satellite phone systems for the duration of the expedition in order to provide reliable email and voice communication globally for business, media or personal use. Limited satellite phone time can be purchased at the rate of US\$3.00 per minute. Our broadband satellite Wi-Fi connectivity will be available once the expedition

is underway and is included in the expedition fee on the basis of a fair use policy. Please contact our office for details.

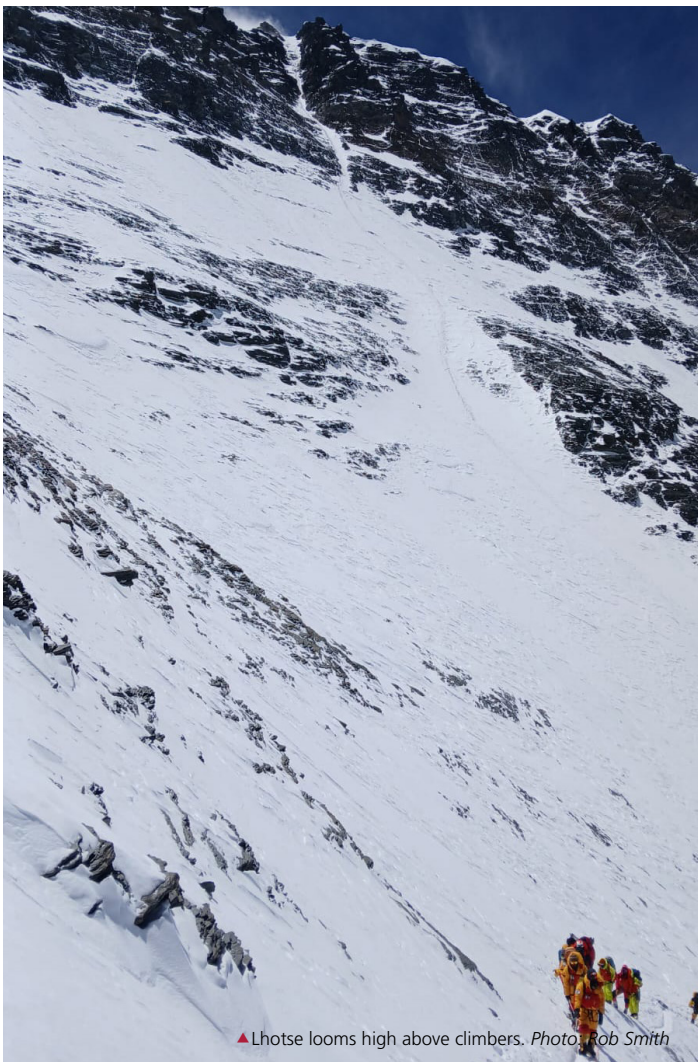
EQUIPMENT & PRE-TRIP SUPPORT

We provide comprehensive pre-trip support once you book onto our expedition. You will be assigned an Expedition Liaison to assist with your pre-trip planning and we provide access to our travel app where you will find an array of extensive travel advice, from visa details to insurance and training tips.

A detailed equipment list will also be provided along with notes and recommendations on the best gear to purchase. Our equipment specialists are on-hand to assist with your equipment related questions.

MEDICAL EXAMINATION & INSURANCE

Expedition members will be provided with a medical questionnaire by the expedition doctor and asked to visit their family physician to receive a full medical examination. This information will be sighted only by the expedition doctor and Expedition Leader and treated with full confidentiality. Advice on immunisations will be provided at this time. We also require members to have rescue insurance and we will consult with individual team members as to your insurance needs and solutions for coverage.



▲ Lhotse looms high above climbers. Photo: Rob Smith



▲ Climbers cross twin ladders in the Khumbu Icefall. Photo: Rob Smith



▲ Cloud formations from Camp 4 at the South Col. Photo: Rob Smith

THE EXPEDITION FEE

The cost of the Everest Fast Track Expedition, ex Kathmandu, is US\$95,000.

This is an inclusive cost and covers the following:

- 1:4 International Guide ratio, maximum team size 8 climbers
- 1:1 Sherpa to climber ratio on Everest summit day
- High flow rate bottled oxygen from Camp 2 on summit push
- Personal equipment carried on the mountain
- Nepalese government royalty fees
- All expedition organisational requirements
- All climbing and trekking permits
- Helicopter air transport in Nepal
- All team equipment
- All expedition staff including Sherpa support
- All food whilst away from Kathmandu
- All supplies necessary to make a safe and strong bid for the summit
- Medical services from our Expedition Base Camp Doctor

- Altitude tent for pre-acclimatising at home
- Base Camp Wi-Fi (fair-use policy applies) and satellite phone facilities
- Internet dispatch page that is updated daily by guides and Base Camp staff, and semi-hourly on summit day
- dZi Foundation support for their "revitalize a village" programme – likely to include support for a Nepalese child's education for a year

The expedition fee **does not** include the following:

- Air travel to and from Nepal
- Hotel accommodation and meals in Kathmandu
- Nepalese airport entry visas
- Extras on the trek in/out such bottled drinks, showers and laundry
- Personal clothing and equipment
- Personal Insurance/Trip Cancellation Insurance/ Medical Evacuation Insurance
- Actual satellite phone calls
- Gratuities for guides and Sherpa staff



▲ Climbing the Hillary Step. Photo: Guy Cotter

PAYMENT DETAILS

All payments should be made by bank transfer to the following bank and account:

Bank of New Zealand
Offshore Branch
42 Willis Street
Spark Central
Wellington
New Zealand

For the account of Adventure Consultants Limited.

Account Number: 1000-594771-0000

Account Type: US Dollars

Swift Address: BKNZNZ22

NOTE: All bank transfer charges are for the remitter's account.

We can also accept your deposit and balance payment by credit card (Visa, Mastercard and Amex) plus a 3% card charge.

DEPOSIT

A non-refundable deposit of US\$15,000 is payable to secure a place on the expedition.

BALANCE

The balance of US\$80,000 is payable in two instalments of US\$40,000.

The first on 20 October 2026 and the second on 20 January 2027.

CANCELLATION & REFUND POLICY

An expedition member may cancel his/her participation on the following basis:

- a) Prior to 20 January 2027, then on the basis of a 50% refund of the 20 October 2026 balance payment.
- b) After 20 January 2027 but before departure to the mountain from Kathmandu then on the basis of no refund of any monies paid.

We strongly recommend you take out trip cancellation insurance via your travel agent if you wish to be covered against cancellation due to medical or personal reasons.



▲ Climbing up the lower slope of the Lhotse Face. Photo: JB Chandesris

HOW TO JOIN THIS EXPEDITION

If you would like to join the Everest Fast Track Expedition, please complete our online booking form and forward your deposit payment at <https://adventureconsultants.com/expeditions/seven-summits/everest-fast-track#DepartureBookingBlock>.

CONTACT US

Or contact us if you'd like further information and assistance in planning your trip.

If you require more information, please contact us at:

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▲ Sunrise over the world. Photo: Lydia Bradey



Adventure Consultants is affiliated to the New Zealand Mountain Guides Association (NZMGA), New Zealand Alpine Club (NZAC) and a corporate member of the American Alpine Club (AAC). Adventure Consultants is a supporter of the dZi Foundation in Nepal for their 'Revitalise a Village' programmes.

Adventure Consultants perform to IFMGA/UIAGM standards and are world leaders in high altitude guiding.

