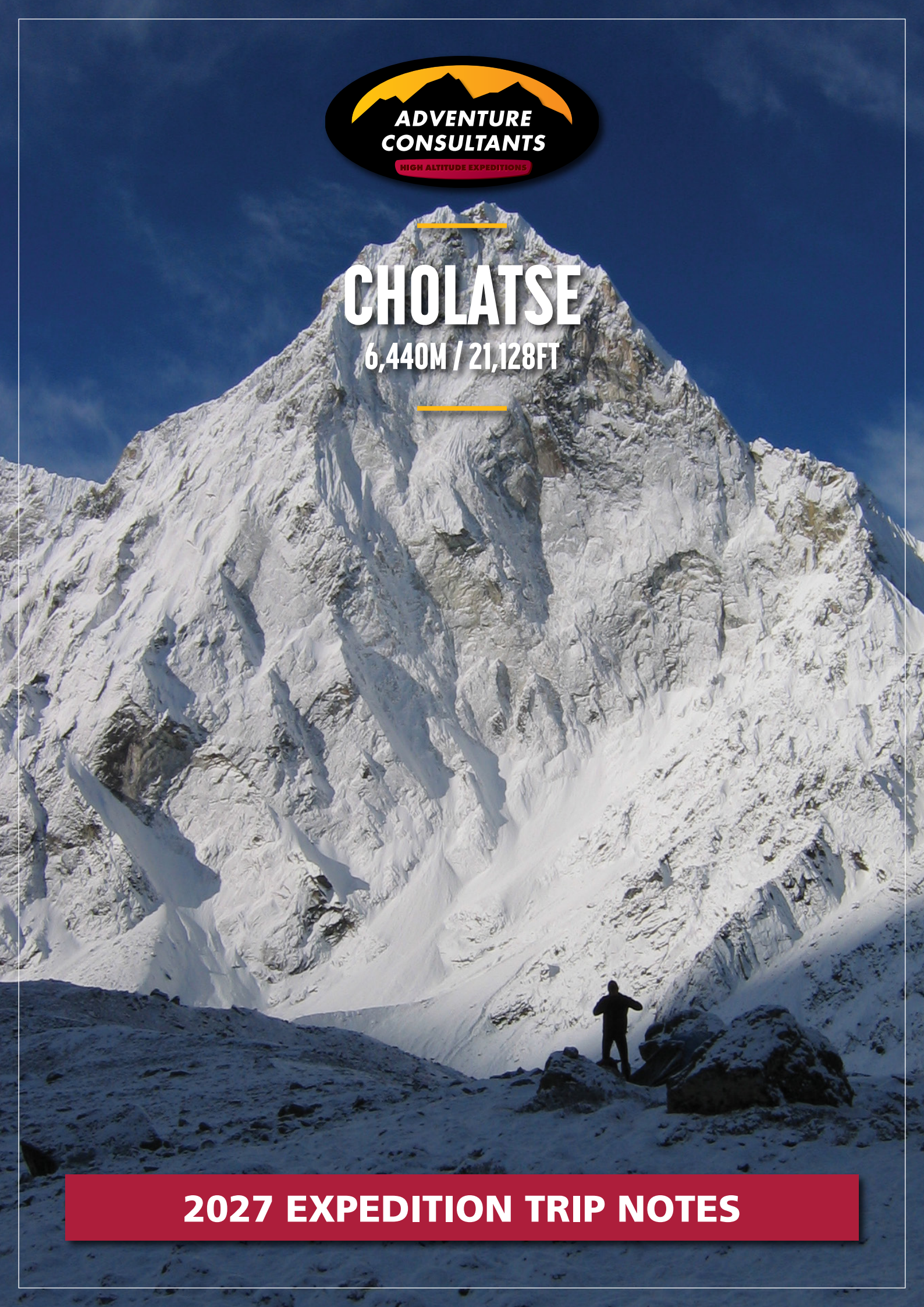
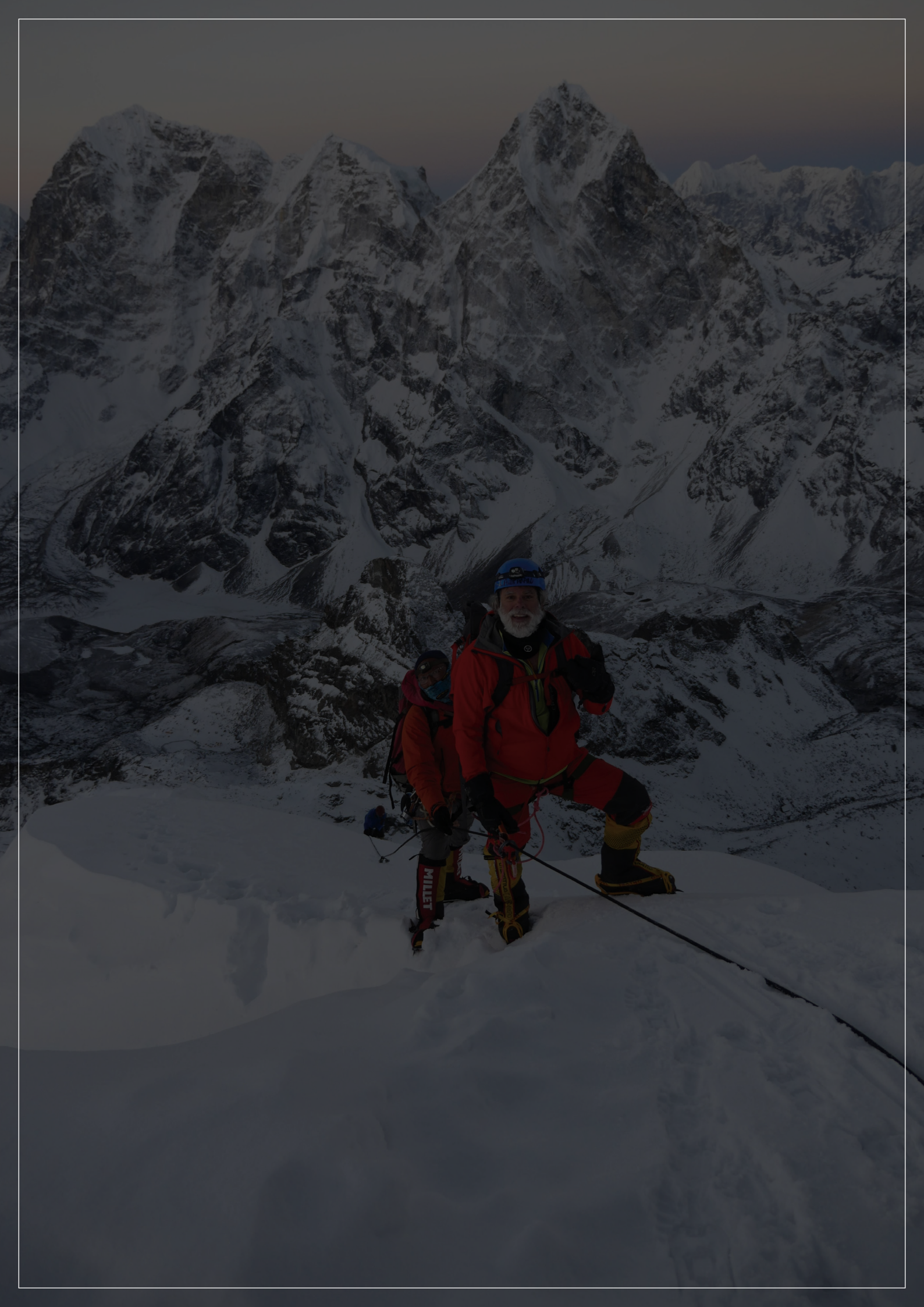

ADVENTURE CONSULTANTS
HIGH ALTITUDE EXPEDITIONS
CHOLATSE
6,440M / 21,128FT
2027 EXPEDITION TRIP NOTES


MILLET

CHOLATSE EXPEDITION TRIP NOTES

2027 EXPEDITION DETAILS

Dates: September 23 to October 24
Duration: 32 days
Departure: ex Kathmandu, Nepal
Price: US$17,000 per person



▲A climber looks ahead to the summit of Cholatse. *Photo: Rob Smith*

During the post-monsoon season of 2027, Adventure Consultants will operate an expedition to attempt the technical and rarely climbed South West Ridge of Cholatse (6,440m/21,128ft). This is a challenging, alpine-style climb of a spectacular peak with steep soaring lines on every aspect.

This ascent is focused specifically towards those with solid mountaineering experience, as this is a real hands-on expedition. The Adventure Consultants guides and Sherpa staff will be there to coordinate the logistics and ensure high safety standards, but climbing members will assist with carrying loads, fixing rope and monitoring safety for themselves and their teammates.

We will climb the popular trekking peak of Lobuche East (6,119m/20,075ft) for acclimatisation before crossing the Cho La (5,420m/17,780ft) into the Gokyo Valley. Here we will establish our Base Camp for the ascent of Cholatse. The trek in has many visual highlights, including stunning views of the surrounding Himalayan peaks of Everest, Cho Oyu, Nuptse, Lhotse, Makalu, Ama Dablam and many, many more.

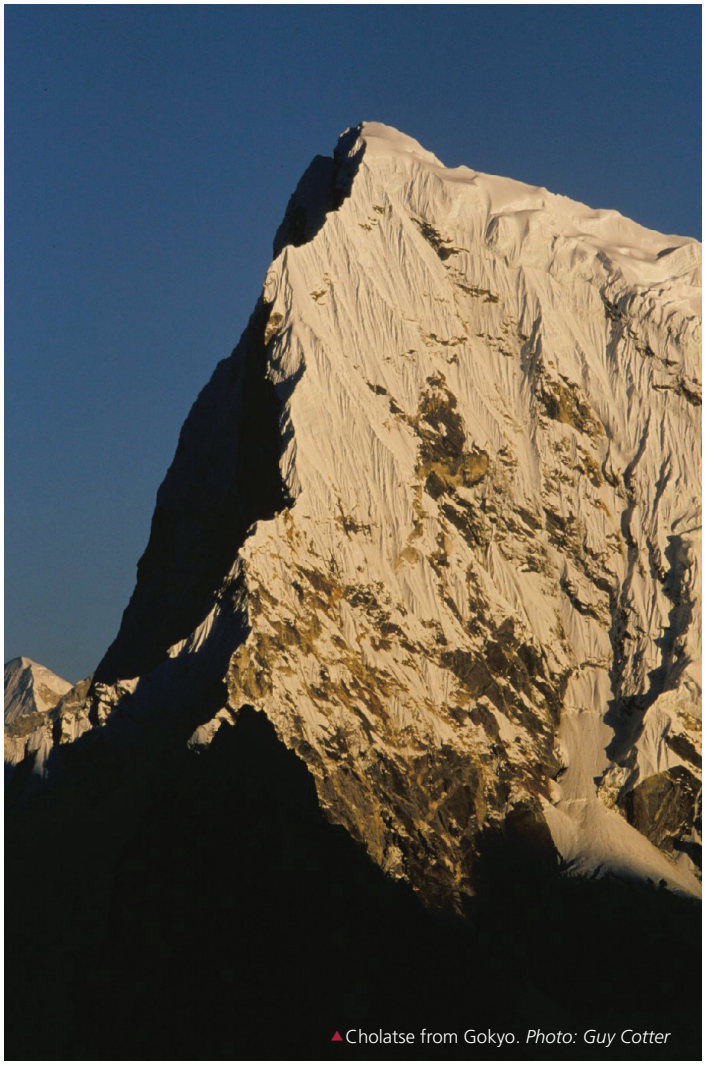
EXPEDITION OUTLINE

This 32-day expedition commences in Kathmandu, Nepal, from where we fly by helicopter to Lukla, the gateway to the Khumbu Valley. From here we trek up to Lobuche East before continuing on to Cholatse. Upon arrival at each of the mountains, we will establish a Base Camp which will be staffed by our talented kitchen crew. In the higher mountain camps, we will cook our own food, much of which will be imported from New Zealand to ensure the usual high standard of fare expected on our expeditions.

On our trek up the famous Khumbu Valley, we will try to avoid the busy direct trekking route to Everest Base Camp by staying on the western side of the valley past Namche Bazaar. After arriving at Lobuche Base Camp, we will undertake a day hike to Lobuche High Camp to aid acclimatisation for the coming ascent.

We will then rest and prepare loads and meals for the mountain, as well as revising rope fixing techniques and safety, before moving up to High Camp again, located on a small expanse of grass and rock above a deep blue lake. From here, it's early to bed for an alpine start the following morning.

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▲Cholatse from Gokyo. *Photo: Guy Cotter*



▲Moving towards Cholatse Camp 2. *Photo: Paul Rogers*



▲Cholatse Camp 2. *Photo: Charles Sherwood*

Our early start (around 2.30am), sees us climbing the South East Ridge, which is a mixture of snow and ice. Where necessary, we will fix ropes along the route. Steady climbing will bring us to the far eastern summit.

From the top, we are well rewarded with superb views across to Ama Dablam, Makalu, Lhotse, Everest, Nuptse, Changtse (in Tibet), Pumori, Gyachung Kang, Cho Oyu and of course, Cholatse. Then it's time for our descent, all the way back down to our Base Camp.

After the ascent of Lobuche East, we enjoy a short trek to Dzongla, before climbing up and over the Cho La Pass and descending to Cholatse Base Camp. One of the guides and two Sherpas will have come here directly to set things up for our arrival. They will have also climbed to Camp 1 to get established on the route.

After an optional rest day, members will carry loads up to Camp 1 and assist with establishing Camp 2. The climbing will be steep mixed climbing. Once Camp 2 is established, we will have a rest day at either Camp 1 or Camp 2. We will work as a team—all members, guides and Sherpas working together to establish fixed ropes above Camp 2 to the start of the summit ridge.

Summit day will start very early, aiming to arrive at the top of the fixed ropes at dawn. We will then pitch and fix the low angled but exposed summit ridge. This will be difficult terrain that is known to sometimes have variable conditions. Summit day will require maximum fortitude and the entire team will be contributing to the outcome with commensurate rewards! We will retrieve our ropes on the descent, arriving back at Camp 2 late in the evening. The next day, we'll return to Base Camp, removing all our equipment from the mountain.

After Cholatse, the expedition returns down the valley to Namche Bazaar, where we revel in the comfort of the lodges. The next day it's onwards to Lukla for the flight back to Kathmandu.

This expedition is designed to offer you a serious technical challenge, backed up by the logistical support of Adventure Consultants and its senior guides. Our many years of Himalayan experience allows us to offer you high-quality food, accommodation and experiences. It's the small details that make all the difference and this is where our background and processes make a considerable difference to the outcome of the expedition. We provide the most affable and experienced Western guides working in conjunction with our excellent Sherpa friends, to promise you an experience of a lifetime!

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▲Rappelling off Lobuche East. *Photo: Guy Cotter*

ITINERARY

Dates: September 23 to October 24, 2027

Day 1	Arrive Kathmandu
Day 2	Gear checks and sightseeing
Day 3	Fly to Lukla (2,860m/9,383ft), trek to Phakding (2,610m/8,563ft)
Day 4	Trek to Namche Bazaar (3,440m/11,286ft)
Day 5	Acclimatisation and sightseeing Namche Bazaar
Day 6	Namche Bazaar to Phortse (3,950m/12,959ft) via the Mong La Pass (3,970m/13,025ft)
Day 7	Phortse to Pheriche (4,270m/14,009ft)
Day 8	Rest/acclimatisation day
Day 9	Pheriche to Lobuche East Base Camp (4,800m/15,750ft)
Day 10	Acclimatisation hike to Lobuche High Camp (5,400m/17,700ft)
Day 11	Rest and preparation day
Day 12	Move to Lobuche East High Camp (5,400m/17,720ft)
Day 13	Summit bid on Lobuche East (6,119m/20,075ft), return to Base Camp
Day 14	Weather/contingency day
Day 15	Trek to Dzongla (4,830m/15,846ft)
Day 16	Cross the Cho La (5,420m/17,780ft) to Cholatse Base Camp (5,000m/16,400ft)
Day 17	Rest and preparation day
Day 18	Carry to start of route, fix lines
Day 19	Climb to Camp 1 (5,700m/18,700ft)
Day 20	Rest day
Day 21	Carry to Camp 2 (6,000m/19,700ft)
Day 22	Move to Camp 2
Day 23	Summit day (6,440m/21,128ft)
Day 24–25	Weather/contingency days
Day 26	Descend to Base Camp
Day 27	Weather/contingency day
Day 28	Trek to Namche Bazaar
Day 29	Namche Bazaar to Lukla
Day 30	Fly Lukla to Kathmandu
Day 31	Weather/contingency day
Day 32	Depart Kathmandu

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▲Climbing fixed ropes. *Photo: Paul Rogers*

NOTE: Factors such as weather, team member health and logistics etc. will no doubt create some change in the actual dates of the program.

TEAM SIZE

For the Cholatse Expedition, we will take a minimum of 4 people and a maximum of 8 people, hence spaces are limited.

The number of guides is determined by the team size but the normal ratio of guides to members is 1:4.

The expedition leader will be scheduled approximately six months out from the trip start. All of our trip leaders have extensive experience at high altitude and a proven record of safety, success and compatibility. You will find our guides strong and companionable expedition members with the capacity and willingness to see you achieve your goals.

THE ADVANTAGES OF CLIMBING WITH ADVENTURE CONSULTANTS

Adventure Consultants is renowned for the quality of its service and strategy applied to high altitude expedition climbing. Our reputation is attributed to meticulous planning and experienced logistics coordination. We have a philosophy of investing in every expedition to offer our climbers the best possible chance of success.

We employ strong and specialised Expedition Leaders and staff, who are some of the most pre-eminent in the industry. We pride ourselves on operating with small teams, with the best backup and support available. This includes nutritious and ample quantities of food, comfortable Base Camp facilities, reliable communications systems and the necessary medical back up.

Many of our expedition members come to us because they have seen us in action on a previous trip and decide to opt for our level of service and proven experience. Others return because they know we do our very best to make expeditions safe and successful.

FOOD

Food will be of the highest standard possible, given the remoteness of the situation. Please inform us if you have any special dietary requirements. During the trekking phases we will dine in lodges and at the Base Camps we will eat in a dining tent catered for by our expedition cook and support crew. Our camp equipment and nutritious meals are always the envy of other groups along the way! We do recommend that you bring some of your favourite snacks like muesli bars, chocolate and/or candy, as well as energy gels and electrolyte drinks that you are used to using.



▲Summit! *Photo: Rob Smith*

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▲ Trek through the spectacular and culturally vibrant Khumbu Valley. *Photo: Mike Roberts*

MEDICAL EXAMINATION & INSURANCE

Expedition members will be provided with a medical questionnaire and asked to visit their family physician to receive a full medical examination. This information will be sighted only by the expedition doctor and Expedition Leader and will be treated with full confidentiality. Advice on immunisations will be provided at this time.

We also require members to have rescue insurance and we will consult with individual team members as to your insurance needs and solutions for coverage.

VISAS

Expedition members will be responsible for their own entry visa into Nepal. This can be organised by a Nepalese embassy or consular office in your home country or at Kathmandu Airport on arrival in Nepal. Currently, the easiest and best place to obtain a visa is upon arrival at Kathmandu Airport.

Visa application forms can be downloaded off the web but we will also send you a copy prior to your departure. You will need to select a 90-day visa which costs US$125. If you choose to get your visa at Kathmandu Airport, you will need to have a passport photo handy. Once in Kathmandu, our agent will arrange your climbing permit for the expedition.

DOCUMENTATION & PHOTOGRAPHS

Expedition members will be requested to provide a digital passport photograph and a copy of their passport biodata page.

EQUIPMENT LIST & REFERENCE NOTES

Upon sign up, expedition members will be sent a set of Reference Notes containing all the necessary information for the trip. These notes provide extensive information on everything from suggestions of what type of camera to bring to training advice for your expedition preparation. They also include a list of essential clothing and equipment to be obtained.

EXPEDITION FEE

The cost of the expedition ex Kathmandu, Nepal is US$17,000 per person for a 2:8 guide to climber ratio.

This is an inclusive cost and covers the following:

- Nepalese government peak royalty fees
- All trek organisational requirements
- All trekking/climbing permits
- Airport transfers in Kathmandu
- Helicopter air transport within Nepal
- Accommodation in lodges or tents ex Kathmandu
- All group equipment (tents, ropes, kitchen, radios etc.) and emergency medical supplies
- All trek staff, including Western guides and Sherpa guides, cooks and porter support
- Transport of 30kg of personal equipment
- Breakfast, lunch and dinner ex Kathmandu
- Access to our satellite telephone for outgoing calls
- Dispatch webpage updated throughout the trip for friends & family to follow
- dZi Foundation support for their “Revitalize a Village” programme

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▲Trek through the Khumbu Valley. *Photo: Suze Kelly*



Receive a blessing in Pangboche. *Photo: Mike Roberts*



▲On the trail to Namche. *Photo: Rob Smith*

The expedition fee **does not** include the following:

- Air travel to and from Nepal
- Hotel accommodation and meals in Kathmandu
- Purchases of bottled water, gifts, alcohol (we supply boiled/treated water for drinking)
- Other charges at lodges/tea houses such as additional meals or snacks, showers, internet access or battery re-charging
- Entry visas for Nepal (suggest a 90-day tourist visa for Nepal on arrival into Kathmandu)
- Personal clothing and equipment
- Personal travel insurance/trip cancellation insurance/ rescue insurance
- Excess baggage charges over the 30kg limit for porterage and domestic flights
- Cost of satellite telephone calls
- Any rescue costs or costs of early departure from the expedition
- Gratuities

NOTE: All prices subject to change.

PAYMENT DETAILS

All payments should be made by bank transfer to the following bank and account:

Bank of New Zealand
Offshore Branch
42 Willis Street
Spark Central
Wellington
New Zealand

for the account of Adventure Consultants Limited

Account Number: 1000-594771-0000
Account Type: US Dollars
Swift Address: BKNZNZ22

NOTE: All bank transfer charges are for the remitter's account.

We can also accept your deposit and balance payment by credit card (Visa, Mastercard, Amex) plus a 3% credit card fee.

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Climbers move past rock slabs above Camp 1. *Photo: Rob Smith*

DEPOSIT

A non-refundable deposit of US$2,000 is payable to secure a place on the expedition.

BALANCE

The balance is payable 90 days prior to the expedition start date.

CANCELLATION & REFUND POLICY

An expedition member may then cancel their participation on the following basis:

- Cancellations outside of 90 days will result in the loss of the trip deposit.
- For cancellations made within 90 days of the trip commencement date we reserve the right to retain 50% of the balance payment fee.
- For cancellations within 60 days of the departure date a cancellation fee of 100% of the full fee applies.

We strongly recommend you take out trip cancellation insurance via your travel agent if you wish to be covered against cancellation due to medical or personal reasons.

HOW TO JOIN THIS EXPEDITION

If you would like to join our Cholatse Expedition, please complete our online application form at https://adventureconsultants.com/expeditions/himalayan-climbs/cholatse#DepartureBookingBlock and submit your trip deposit.

CONTACT US

Please contact us if you'd like any further information or assistance in planning your trip:

Adventure Consultants Ltd
5/12 Frederick Street
PO Box 739
Wanaka 9343
New Zealand

Phone: +64 3 443 8711
Email: info@adventure.co.nz
Website: www.adventureconsultants.com

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▲The aesthetic ridgeline of Cholatse. *Photo: Anthony Baldry*

Adventure Consultants is affiliated to the New Zealand Mountain Guides Association (NZMGA), New Zealand Alpine Club (NZAC) and a corporate member of the American Alpine Club (AAC). Adventure Consultants is a supporter of the dZi Foundation in Nepal for their 'Revitalise a Village' programmes.

Adventure Consultants perform to IFMGA/UIAGM standards and are world leaders in high altitude guiding.

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