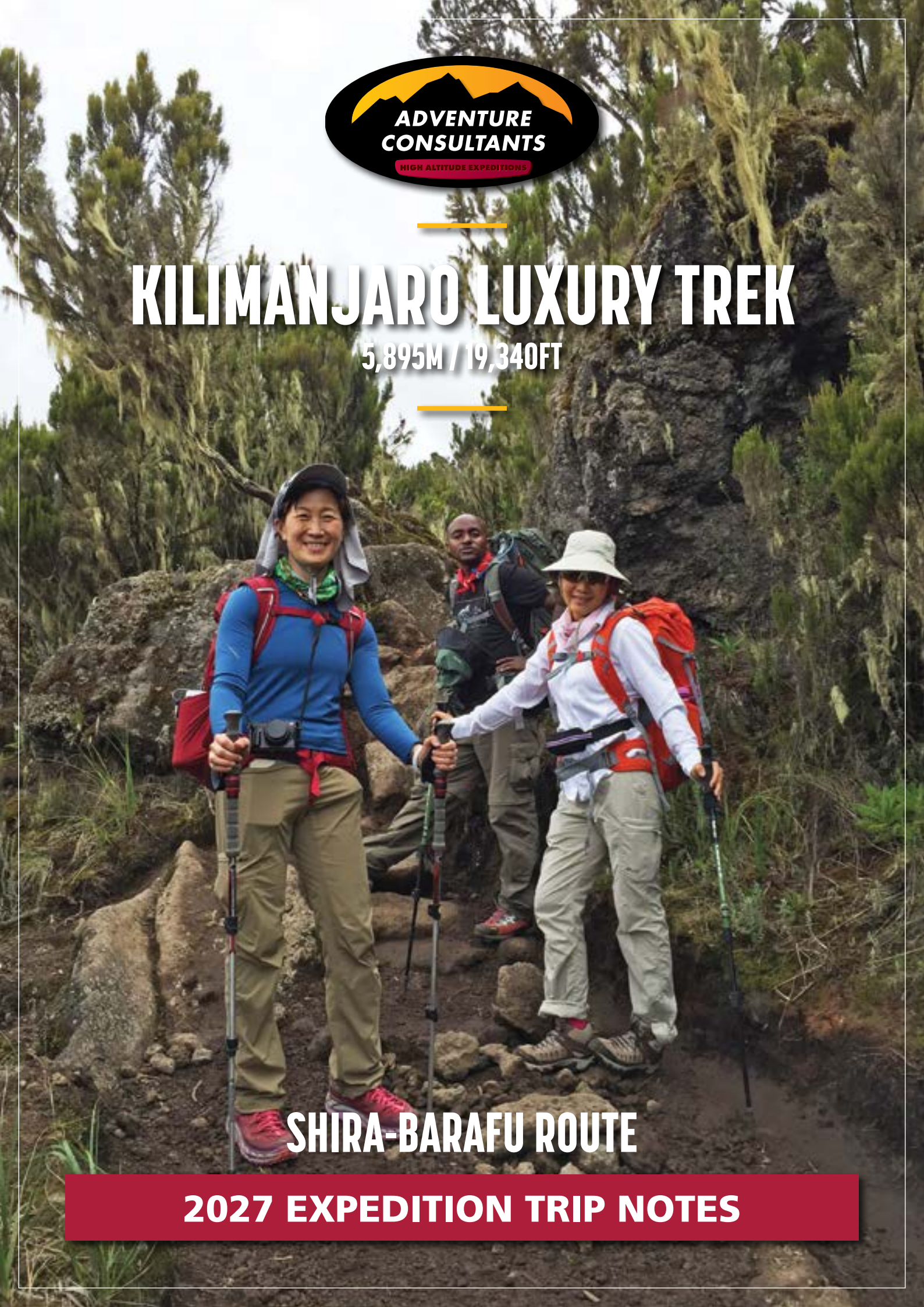


KILIMANJARO LUXURY TREK

5,895M / 19,340FT

SHIRA-BARAFU ROUTE

2027 EXPEDITION TRIP NOTES


MOUNT KILIMANJARO
CONGRATULATIONS
YOU ARE NOW AT
RU PEAK TANZANIA 5895M/19341FT AMSL
• AFRICA'S HIGHEST POINT
• WORLD'S HIGHEST FREE STANDING MOUNTAIN
• ONE OF WORLD'S LARGEST VOLCANOES
• WORLD HERITAGE AND WONDER OF AFRICA

KILIMANJARO LUXURY TREK
SHIRA-BARAFU ROUTE TRIP NOTES

2027 EXPEDITION DETAILS

Dates: Available on demand throughout the year
Duration: 9 or 14 days
Departure: ex Arusha, Tanzania
Climb Only Price:
Group of 2: US$18,900 per person
Group of 4: US$13,200 per person
Group of 6: US$10,900 per person
Group of 8: US$9,800 per person
Safari Price: From US$9,400 per person

▲Views of Kilimanjaro from the trail. *Photo: Andrew Peacock*

When you stand on the broad summit of the highest point in Africa, you sense the vast expanse of the continent that breathes to a different rhythm to the rest of our planet. The blood red dawn begins to illuminate the surrounding plains of the Serengeti broken only by the occasional distant peak. Weird ice formations sit stranded on the coarse gravel around the summit plateau, like isolated icebergs left by the ebbing tide. Inexplicably, it makes you smile. You are really here.

Yes, this is the summit of Kilimanjaro and the culmination of a 7-day hike that has taken you from the red earth plains up through tropical rainforest and alpine moorland to this arid landscape. There has been no escaping the vibrancy of the landscape, emphasised by the sounds emanating from the local support crew that fade in and out on gentle thermals, occasionally accentuated by bursts of Maasai tribal song.

Kilimanjaro is a fulfilling achievement but not extreme by any means. The early part of the journey follows trails that ascend through the various climatic zones. Each day, you hike 4–8 hours arriving at a well-appointed tent camp that is carried ahead by the porter staff and set up for your arrival at the end of the day. At the highest camp, you prepare for the summit day, a long hike through the night that greets the dawn from close to the summit. From here, you can absorb the grandeur of the very high elevations.

An ascent of Kilimanjaro is not merely for the super fit. Ordinary people from all walks of life climb Kilimanjaro on a daily basis. However, the summit day is long and is at high altitude, so team members do need to exercise regularly and be capable of walking on uneven terrain. It is regularly climbed by people in good shape who are in their sixties and seventies.

The journey is supervised by an Adventure Consultants guide with many years of experience trekking and climbing in the world's highest mountains. Your guide is there to ensure your wellbeing and safety. You are supported by a substantial staff of local guides and porters, who are very capable and specifically trained for Kilimanjaro ascents. You will be served palatable

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▲Smiles despite the rain at the Lava Tower. *Photo:Guy Cotter*



▲A team climbs 'pole-pole'. *Photo: Mike Roberts*



▲Enjoying a picnic lunch in the forest on day one of the trek. *Photo: Suze Kelly*

and wholesome fresh food by our specialist trained cooking staff ensuring your energy levels are elevated throughout the climb. Prior to and after the climb on our private expeditions, we stay in 5-star hotel accommodation on a large coffee plantation offering the best in African architecture, ambience and service.

For those who want to experience the true wonders of Africa, you can treat yourself after the climb to a safari in the Serengeti National Game Park and the UNESCO Ngorongoro Conservation Area. Here you can reward yourself for your efforts on the mountain with a luxury tented safari, which is a truly unique African experience that cannot be missed. Have friends and family join you after the climb so they too can enjoy the exhilaration of having lions saunter by to stop in the shade of your vehicle, while cheetahs, leopards, rhinos and elephants wander close by. At the end of the day, enjoy your meal as you sit back to watch the intense red orb of the sun drop below the horizon.

Life's path follows a series of moments in time, yet it is moments such as these that often have the most poignant significance. We cannot pre-plan the exact moment this will occur, but we can increase your opportunities by being there in the first place.

ABOUT KILIMANJARO

The highest point in Africa, Kilimanjaro is a romantic destination and perhaps one of the best-known mountains in the world. It is one of the Seven Summits—the highest peaks on each of the Earth's seven continents. Immortalised by Ernest Hemingway in his book '*The Snows of Kilimanjaro*', the peak to this day elicits emotions of adventure.

The first ascent of the peak itself was in 1889 by German climber, Hans Meyer and Swiss guide, Ludwig Purtscheller. Like most dormant volcanoes, the slopes of Kilimanjaro are mostly of reasonably low angle with occasional steeper sections, none of which are more famous than the Barranco Wall—a towering cliff of snow and ice descending dramatically from the summit slopes, a feature we observe during our journey to the summit.

The summit area is a large dormant volcanic crater with its highest point known locally as Kibo, with an altitude of 5,895m/19,340ft.

Like an island, Kilimanjaro is surrounded by the hot and dry plains of Africa. It amazes all with its widely contrasting vegetation; from rainforest to moorlands to towering cliffs and glaciers.

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▲Celebrating a snowy summit. *Photo: Mike Roberts*

Kilimanjaro is the highest free-standing mountain in the world. It is a dormant volcano and lies 400km south of the Equator, just inside Tanzania's border with Kenya.

We climb the mountain by the picturesque Shira-Barafu Route, which traverses several of the scenic micro-environments found at different elevations on the mountain.

OUTLINE OF THE EXPEDITION

We meet you on arrival at Kilimanjaro International Airport and from here, we travel to the main town in the region, Arusha, to be accommodated at a 5-star hotel.

The following day, your guides will help you sort equipment and brief you on the details of your upcoming adventure. As time allows you may visit the Meserani Snake Farm or enjoy a shopping expedition to the stimulating art and artefact Cultural Heritage Centre, which specialises in works from all over Africa. Early the next morning, we travel to the base of the mountain by vehicle and begin the trek to the first camp, following well-formed paths through the tropical rainforest.

Each day, the porter staff will travel ahead to set up our camp for our arrival. Once there, you will be ushered to your tent, where your luggage will have arrived, and you can freshen up with a bowl of warm water before enjoying a sumptuous dinner. No doubt you will sleep well from the exertions of the day!

Water will again be delivered in the morning so that you can start the day refreshed for the coming hike. A filling breakfast will set you up as you ascend to higher elevations on the trail. The size of the foliage reduces as you go higher and the high peak of Kilimanjaro reveals itself above, while the plains are slowly left behind as you climb. A nutritious lunch is served at the halfway point. If the weather is fine, an outdoor table will enable you to enjoy the surrounding views while you catch up with the other members of your group. If there is wind or precipitation, a dining tent will be erected.

Each day as you ascend, your body adjusts to the elevation gain and the steady walking activity. Time passes without reference to the usual busy timeframes in which we tend to live, and it is easy to relish each moment in real time, as we make progress up the mountain.

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▲Mount Kilimanjaro. *Photo: Mike Roberts*

There are numerous highlights, whether it is interpersonal moments with our teammates or the fascination with the unique plant life such as the giant Senecio found on Kilimanjaro, a quirky plant that was surely the inspiration for Dr Seuss's zany flora.

Before you know it, summit day arrives. This entails a midnight start and night time ascent to Stella Point on the crater rim. From there, a traverse around the rim takes us to the summit known as Uhuru Peak. We move at a slow and steady pace, and the local guides frequently remind us of the Kilimanjaro climbing mantra, "Pole-pole" (pronounced pole-ay pole-ay), which means slowly-slowly in Swahili. Dawn swathes the mountain as you approach Stella Point, giving views across the slopes and over the plains. From the crater edge, you gain views of the dormant glaciers where huge blocks of ice sit like high rise buildings on the crater floor.

The trail ascends for another 45 minutes to the summit itself and culmination of the journey. It's time to celebrate and make the most of the photo opportunity at the highest point on the continent.

The descent to your last camp passes quickly and you can enjoy a hearty lunch. Soon after, the group descends to a camp lower on the mountain making for a shorter stroll the following morning to the end of the trail. A short celebration with the staff is followed by lunch and then it's time to head back to the hotel for a well-earned rest.

No trip to Africa is complete without experiencing a safari and as Tanzania has some of the most incredible animal populations on the continent, we highly recommend that after the climb you sit back and enjoy the safari experience!

EXPEDITION GUIDES & STAFF

Our Luxury Kilimanjaro expeditions will led by a qualified and experienced Adventure Consultants guide who will be accompanied by local Tanzanian guides who originate from the regions surrounding the mountain. They are very experienced guides with multiple ascents of Kilimanjaro and are specifically trained in guiding techniques, many having summited in excess of one hundred times! Each guide holds a guiding certification and wilderness medical qualification. Our group of guides have all been personally selected due to their personal attributes, as they are both courteous and caring whilst being good leaders.

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▲Interesting, vibrant, achievable and fun! *Photo: Guy Cotter*



▲Tackling the infamous Breach Wall. *Photo: Suze Kelly*



▲Comfortable, stand up dining tents. *Photo: Suze Kelly*

Each expedition has a cook, waiter, camp manager and a group of porters to carry the loads required for your trip. The cook is trained in 'Western-style' cooking and hygiene techniques to ensure your health and wellbeing during the ascent. On top of that, the food we provide is excellent!

The number of porters on your trip is dependent on the size of the group. Adventure Consultants is a supporting member of the Porter Protection Society, a group that oversees the welfare of porters around the world. This ensures the porters are well clothed, fed and accommodated during the expedition. There are some operators who will exploit their porters and deny them these necessities in order to offer cheaper pricing on their trips.

TEAM SIZE

The team will have a minimum size of 1 member and 1 guide and a maximum size of 12 members.

ITINERARY

CLIMB ITINERARY

Following is our Kilimanjaro itinerary via the Shira-Barafu Route:

Day 1

Arrive into Kilimanjaro International Airport, Tanzania. Transfer to Arusha and stay at the Arusha Coffee Lodge. Evening team meal.

Day 2

Morning sightseeing options followed by equipment check and expedition briefing in afternoon. Overnight at the Arusha Coffee Lodge.

Day 3

Drive to the Morum Barrier Gate (3,400m/11,150ft) of the National Park through the lush tropical forests to the trailhead and the beginning of our hike. The first day is gentle hiking through heather moorland with sublime views across the Shira Plateau to the peak of Kibo itself. Overnight at Shira 1 Camp(3,500m/11,480ft).

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See a range of wildlife in it's natural habitat. *Photo: David Clode*



Explore some of Africa's renowned National Parks. *Photo: Ray Rui*



Stay in luxurious, well appointed accommodation. *Photo: Serengeti Migration Camp*

Day 4

Trek across the Shira Plateau through open moorlands. Overnight at Shira 2 Camp (3,840m/12,600ft).

Day 5

A long trek to Barranco Camp. This camp lies in a sheltered area below the spectacular cliffs of the Barranco Wall. The Barranco Wall, the dome of Uhuru and the edge of the Heim Glacier dominate the head of the valley. Overnight at Barranco Camp (3,900m/12,800ft).

Day 6

Trek to Karanga Camp via the Barranco Wall. Huge glaciers and cliffs can be seen which mark this part of the mountain. Overnight at Karanga Camp (4,000m/13,100f).

Day 7

A short day takes us to Kosovo Camp (4,870m/15,978ft) which is the top camp and staging point for the summit bid later tonight.

Day 8

At midnight, the climb begins up the steep scree slopes to reach Stella Point. From here, we walk steadily up the ridge and around the crater to reach Uhuru Peak at 5,895m/19,340ft. From the summit, we descend to overnight at Mweka Camp (3,100m/10,170ft).

Day 9

Covering the last section of the mountain, the trek continues down through the forests to the gate. Here we must leave behind our friendly local staff who have worked so hard to make our trip enjoya-ble and successful. Together, they sing local songs describing the folk lore around their mystical mountain and spiritual homeland. Reluctantly, we say our goodbyes and board our vehicles which transport us back to Arusha. Climb only option ends, or continue onwards on our Safari.

For those catching an evening flight, it is the end of the journey. However, for those staying on for a well-earned safari, your vehicle will take you to Arusha Coffee Lodge where a shower and a real bed await!

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▲Join our Luxury Safari to complete your quintessential African Adventure. *Photo: Dean Staples*

NOTE: If you are not departing until the following day and are not continuing on the safari, we can book you an extra night at the hotel and arrange an airport transfer to suit. If you have limited time but are interested in seeing some of the wildlife, a half day safari in nearby Tarangire or Arusha National Parks is highly recommended.

SAFARI ITINERARY

Our 5-day safari itinerary is as follows:

Day 10

This morning, we fly to Manyara Airstrip located on top of the Rift Valley Escarpment and overlooking Lake Manyara. The day unfolds with wild game viewing in the Lake Manyara National Park, where we are treated to sightings of many of Africa's amazing species including antelope, elephants and the occasional big cat. Our chefs prepare a bountiful spread for lunch under Acacia trees, complete with sparkling wine to celebrate the start of a great safari. After lunch, we continue game viewing for another hour or two, then onto Gibbs Farm; a gorgeous spa retreat set in lush surrounds on an established coffee farm that borders the pristine Ngorongoro Forest. Enjoy a British style afternoon tea on arrival or the ritualistic "sundowner", while taking in spectacular views over the surrounding countryside. After settling into your room and taking a hot bath or shower (inside or al fresco), enjoy a gourmet dinner made with organic produce from the farm. For those keen on a massage, it is possible to arrange with the talented spa team—either before dinner or even before bed. Overnight at Gibb's Farm (Luxury Farm Cottage).

Day 11

Leave early for the famous UNESCO World Heritage site, the Ngorongoro Crater. This is Africa's Garden of Eden, a 10 square mile unbroken caldera teeming with wildlife. The early birds have the best shot at seeing the elusive rhinos, but there is plenty to keep one in awe on the crater floor from herds of elephants to warthogs, to lions and leopards. Return to Gibbs Farm to relax or you might enjoy watching the talented on-site ebony carvers, in-resident artists or simply sip tea and enjoy the abundant birdlife. The air is pristine, the gardens lush and vibrant. At night, fall asleep to the call of bushbabies (lemur-like nocturnal primates). Spend the night at Gibb's Farm.

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▲A jubilant team arrives at the Lava Tower Camp. *Photo: Nature Discoveries*



▲Ready to tackle another day on the trail! *Photo: Suze Kelly*



▲Enjoy an incredibly varied range of flora. *Photo: Suze Kelly*

Day 12

Transfer to the Manyara Airstrip (30–45 min drive) for a scheduled flight to the Serengeti South Airstrip (or Ndutu, Lobo or Kogatende dependent on the season), arriving mid-morning. The flight may stop at one or two other airstrips enroute (depending on where the other passengers are going). Upon arrival, you will be met by the Serengeti Migration Camp vehicles and guide/s with game viewing as we travel to the camp. Here we have lunch and settle in, before an afternoon of game viewing. Overnight at the Serengeti Migration Camp (Luxury Tented Camp).

Day 13

Full day to explore the Southern Serengeti and if during the migration, we will be searching for the herds of wildebeest. Plan your day with the camp manager based on the seasonal movement of the wildlife. Overnight at the Serengeti Migration Camp.

Day 14

After breakfast, game drive to the Serengeti South Airstrip for the scheduled flight to Arusha, with possible stops one or more times enroute.

NOTE: Other safari options can be arranged for any length or level of service for groups and individuals. Have your friends and family join you for the safari after the Kilimanjaro climb.

FOOD

The food on our Kilimanjaro climbs is exceptionally good. We place emphasis on providing nutritious meals and a good supply of snack food throughout the trip. Please inform us, if you have any special dietary requirements.

VISAS

All visitors from non-Commonwealth countries are required to obtain a valid visa unless their country has an agreement with Tanzania under which the visa requirement is waived. Check for updates before travelling. Visas can be obtained on arrival for most nationalities for a fee of US$100 for American citizens and US$50 for other nationalities.

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▲ Mount Kilimanjaro from the top of the Barranco Wall. *Photo: Suze Kelly*

COMMUNICATIONS

To safeguard members of the expedition, we will be carrying mobile phones, handheld VHF radios and a satellite telephone.

EQUIPMENT & TRAVEL APP

Adventure Consultants will supply all group gear (e.g., tents, tables and chairs, stoves and utensils, etc.) whilst team members are to provide their own personal clothing, day pack, duffel bag and footwear. Rental equipment is available in Arusha.

All members will be provided with comprehensive pre-trip support, including access to our travel app. Our platform allows you to have all of the key trip information and expedition documents at your fingertips on your personal device, in an intuitive user-friendly manner.

MEDICAL EXAMINATION & INSURANCE

Expedition members will be provided with pre-trip medical advice and a medical questionnaire and will be asked to visit their family physician and receive a full medical examination. This information will be sighted only by the expedition leader and our medical adviser and treated with full confidentiality. We also require expedition members to purchase insurance for evacuation and repatriation, as well as normal travel medical expenses. Contact us for expedition insurance advice.

THE EXPEDITION FEE

The cost of the Kilimanjaro Luxury Expedition and Safari ex Arusha, Tanzania is based on the number of team members and level of services required:

CLIMB ONLY

Group of 2: US$18,900 per person
Group of 4: US$13,200 per person
Group of 6: US$10,900 per person
Group of 8: US$9,800 per person

SAFARI

From US$9,400 per person

NOTE: Prices are subject to change without notice.

This is an inclusive cost and covers the following:

- Adventure Consultants Guide and Local Guides
- All expedition organisational requirements
- Comprehensive reference notes/information package to aid trip planning and equipment
- 5-star hotel in Arusha within expedition dates, based on shared rooms (single room supplement available for extra fee) including dinner and breakfast (Day 1 and 2 on climb and Day 9, if on safari).
- Group climbing equipment, tents and lodging, all meals and snacks while in the Kilimanjaro region and on optional safari
- Transport to and from the National Park
- Porters, drivers, park fees and climbing permits
- Private toilets for your group
- Heated dining tent, shower tent and stand up sleeping tents (twin-share)
- Solar charging kit and USB connections

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▲Morning light touches a team as they approach the summit. *Photo: Mike Roberts*

The expedition fee **does not** include the following:

- Personal clothing and equipment
- Entry visa for Tanzania and/or Kenya
- Airport transfers—typically US$100–US$125 for a Landcruiser vehicle which can be shared between team members arriving/departing at similar times
- Lunches in Arusha
- Travel insurance including trip cancellation and medical evacuation or any rescue costs
- Any costs associated with early departure from the expedition
- International round trip travel costs into and out of Tanzania and/or Kenya
- Extra hotel nights if departing day after trip finishes rather than evening of same day (i.e., evening of Day 9 on climb or evening of Day 14, if doing safari)
- Spending on personal items such as gifts etc
- International travel vaccinations
- Excess baggage charges and airport taxes
- Bottled beverages
- Tips and gratuity (members to contribute to tip pool for local staff, we will advise you of amounts depending on final group size and extra additional services)

We also offer standard Kilimanjaro Expeditions with scheduled departures. Contact us for further information and pricing on other options.

ADDITIONAL LUXURY SERVICES

There are many levels of service available on Kilimanjaro; from basic services with a minimum of support and quality, to a fully serviced and catered expedition. Adventure Consultants are able to offer you the highest level of services and support on your Kilimanjaro ascent due to our extremely capable and friendly staff, our high degree of attention to detail and our many years of experience operating on the mountain. While the majority of operators provide services that cater only to the budget market, our capability enables us to deliver at a superior standard.

We cater to groups of all sizes ranging from one person to much larger groups. Generally, it becomes unwieldy to have groups over 12 people but on occasion that too can be catered for.

With the Luxury Services option, you can add additional services onto your expedition as follows.

- Single sleeping tent (instead of shared) US$175
- Luxury lounge tent*
- Extra days for longer acclimatisation timeframes*
- Additional portable toilets (1 supplied for 4 people, 2 for 5–8 people) US$440.
- Additional porter support (over the standard 15kg per person) US$265 for 15kg
- Additional local guides (for personal support) US$660
- Safari options catered to your timeframe and requirements*

*Please enquire for pricing



▲A bluebird day to summit. *Photo: Rene Schwaller*

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▲Stunning dawn vistas on the summit of Kilimanjaro *Photo: Suze Kelly*

PAYMENTS

All payments should be made by bank transfer to the following bank and account:

Bank of New Zealand
Offshore Branch
1 Willis Street
Wellington
New Zealand

for the account of Adventure Consultants Limited

Account Number: 1000-594771-0000
Account Type: US Dollars
Swift Address: BKNZNZ22

NOTE: All bank transfer charges are for the remitter's account.

We can also accept your deposit and balance payment by credit card (Visa, Mastercard and Amex) plus a 3% card charge.

DEPOSIT

A non-refundable deposit of US$2,000 is payable to secure your Kilimanjaro Luxury Trek and US$2,000 for the Kilimanjaro Luxury Safari.

BALANCE

The balance is payable 90 days prior to the expedition start date.

CANCELLATION & REFUND POLICY

An expedition member may cancel their participation on the following basis:

- Cancellations outside of 90 days will result in the loss of trip deposit.
- For cancellations made within 90 days of the trip commencement date we reserve the right to retain 50% of the balance payment fee.
- For cancellations within 60 days of the departure date a cancellation fee of 100% of the full fee applies.

We strongly recommend you take out trip cancellation insurance via your travel agent if you wish to be covered against cancellation due to medical or personal reasons.

HOW TO JOIN THIS EXPEDITION

If you would like to join one of our Kilimanjaro Luxury Expeditions, please complete our online booking form and forward your deposit payment at https://adventureconsultants.com/expeditions/seven-summits/kilimanjaro-luxury-trek#DepartureBookingBlock.

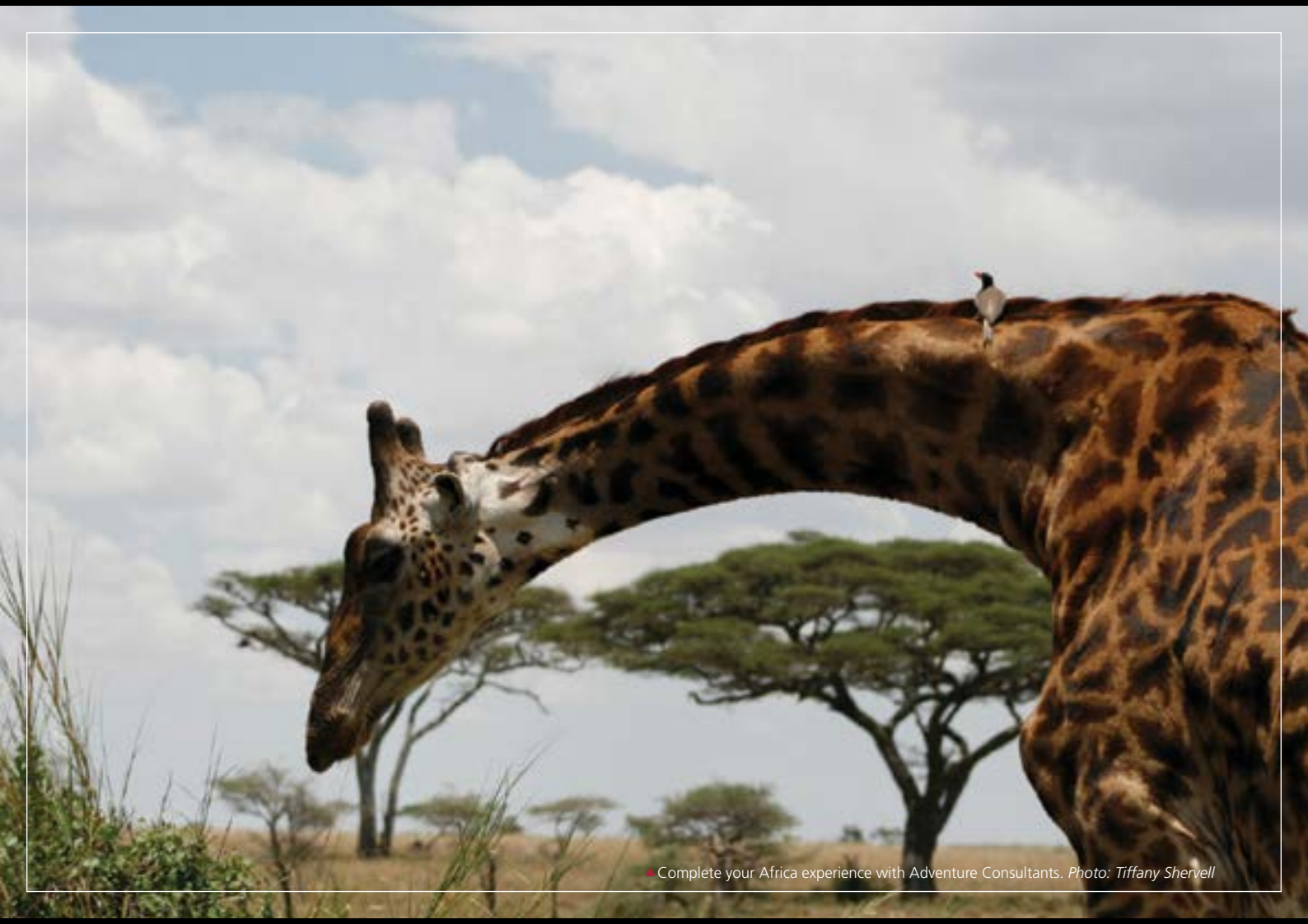
Or contact us if you'd like further information and assistance in planning your trip.

If you require more information, please contact us at:

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▲Complete your Africa experience with Adventure Consultants. *Photo: Tiffany Shervell*

ADVENTURE CONSULTANTS
HIGH ALTITUDE EXPEDITIONS

Adventure Consultants is affiliated to the New Zealand Mountain Guides Association (NZMGA), New Zealand Alpine Club (NZAC) and a corporate member of the American Alpine Club (AAC). Adventure Consultants is a supporter of the dZi Foundation in Nepal for their 'Revitalise a Village' programmes.

Adventure Consultants perform to IFMGA/UIAGM standards and are world leaders in high altitude guiding.

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