



POLAR TRAINING COURSE EQUIPMENT & RENTAL CHECKLIST

CLIENT'S NAME: TRIP:

						OFFICE USE ONLY			
TECHNICAL EQUIPMENT	Size	Own	Require	\$ Per Day	# of Days	Total \$	Item #	Returned	
Climbing Harness (with adjustable leg loops)	S, M, L, XL			Free					
Carabiners—Screwlock x 3, Snaplink x 3				Free					
Belay Device/Descender				Free					
Prusiks (6mm cord)—2 x 1.6m, 1 x 3.2m Sling (16mm)—1 x 3m				Free					
Personal Anchor System/Cow's Tail				Free					
Ice Axe				Free					
Crampons <i>(please specify boot size)</i>				Free					
Snow Stake/Picket				Free					
AVALANCHE SAFETY EQUIPMENT									
Avalanche Transceiver				Free					
Snow Shovel				Free					
Probe				Free					
RENTAL GEAR	Size	Own	Require	\$ Per Day	# of Days	Total \$	Item #	Returned	
Touring Skis, Boots, Skins, Ski Crampons & Adj. Poles				\$80					
50–65 Litre Alpine Climbing Pack	S, M, L, XL			\$10					
Waterproof Shell Jacket	S, M, L, XL			\$15					
Down Jacket	S, M, L, XL			\$15					
Waterproof Shell Pants	S, M, L, XL			\$15					
Sleeping Bag <i>(a sleeping bag liner required)</i>				\$20					
OTHER									
Retail Purchases									
TOTAL COSTS NZ\$									

CONDITIONS OF HIRE

1. I accept full responsibility for the care and return of the rental equipment in a clean condition and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use.
2. I accept full responsibility for any group equipment that is in my use or care and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use. (This includes but is not limited to items such as climbing ropes, tents, etc.).
3. **INJURY OR DAMAGE TO HIRER OR THIRD PERSONS OR PROPERTY**
The hirer shall not have any claim against the owner for loss or damage suffered by the hirer as a result of the hirer's use of the equipment and further the hirer will indemnify the owner against any claim made against the owner by a third person or other losses arising out of the use of the equipment by the hirer.

HIRER'S SIGNATURE: DATE:

POLAR TRAINING COURSE

REQUIRED PERSONAL EQUIPMENT CHECKLIST

All the items on the front side are necessary for high alpine adventures in New Zealand. Due to the variability of weather and conditions in the New Zealand mountains, some of the items below may or may not be utilised on your trip.

You will notice some overlap of gear and equipment from the front side to the backside of this checklist. This is because we want to encourage you to bring and use gear and equipment that you already own whenever possible. Practicing with your gear and equipment provides greater efficiency at using it out in the field. Everything on the front side of the sheet is available for hire. Please come prepared with everything below unless you are hiring it from the front side.

For a complete description of each item, please see our detailed equipment notes.

Body Wear

- Waterproof/breathable shell jacket
- Waterproof/breathable shell pants
- Down or synthetic insulated jacket (*see equipment notes*)
- Softshell jacket
- Lightweight fleece top
- Lightweight fleece pants
- Softshell climbing pants
- Base layer top (x 2) and leggings (x 1)
- Underwear and socks

Head Wear

- Baseball cap or sun hat
- Woollen or fleece hat (*capable of fitting under a helmet*)
- Bandana or Buff
- Sunglasses
- Snow goggles

Hand Wear

- Liner gloves (x2 pairs)
- Fleece gloves
- Ski/mountaineering gloves

Skiers

- Ski touring boots
- Skis with touring bindings
- Climbing skins
- Ski crampons
- Adjustable ski poles with snow baskets

Gear and Accessories

- Alpine climbing pack (*50–65 litres*)
- Down sleeping bag (*4 season or 700+ grams down fill*)
- Headlamp and spare batteries
- Water bottles (*1–2 litres—2 x 1 litre, 1 x 1 litre or 2 x 500ml. See equipment notes*)
- Small first aid kit (*blister tape, painkillers, etc.*)
- Toilet bag (*toothbrush, toothpaste, medications, etc.*)
- Wash kit (*towel, soap, shampoo, etc.*)—For use at sub-alpine accommodations before, after and possibly during your trip
- Sunscreen and SPF 15+ lip balm
- Stuff sacks and pack liner
- 'A Climbers Guide' book

Optional Extras

- Thermos flask
- Ear plugs
- Down booties or hut shoes (*for camping and hut use*)
- Cutlery, cup and bowl (*if you have these*)
- Inflatable mattress (*if you have one*)
- Camera and spare batteries or Phone with power bank/portable charger
- Map, compass, note pad and pencil
- Pocket knife or multi tool

****If you have your own technical equipment, please bring it so that you can get familiar with it and learn how to use it properly.***

**NOTE: Adventure Consultants provide a special-order retail service should you wish to purchase equipment.
Contact us if you would like to know more about this service.**
